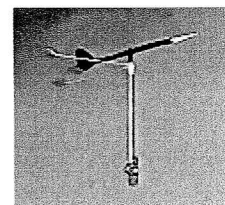




What's in the Bag?

By Chet Snouffer, 3-time World Champion



Boomerangs, of course! But a well-equipped boom bag also has the

following essentials. If your main bag has multiple compartments, you can fit the essentials into one or more of them. Another option is to carry a separate cosmetic-type bag which can clip right on to your comp bag. I kill two birds with one stone and carry an Event bag~a North Face® fanny pack~ which holds not only my tuning essentials but the booms for a given event. That way I'm not lugging a large bag around the field from event to event and I always have my essentials with me. No more running across the field for a piece of lead tape or a band-aid!

The 20 Essentials (in no particular order):

1. **Nail clippers.** Nicks and dings aggravate and catch.
2. **Duct tape**~the good stuff, not the cheap stuff. Get Professional grade. Use to make mini flaps, add weight, build a tent ☺ You never know when you'll need it.
3. a real **Chamois** for wiping off wet booms, wet hands, sweat.
4. **Band-aids** for those rare, but nagging nicks and cuts, or a blister, etc
5. **Wrist bands**~I use the thick, wide bands. Sweat on your wrist and forearm can lead to disaster between throws in fast catch or endurance.
6. **Sunscreen.** SPF 30. Sport gel like BullFrog® or Coppertone Sport® that won't get your hands sticky or run into your eyes when you sweat.
7. **Glove** for your non-throwing hand~ leather or synthetic golf or batters glove. I have one of each. Great for fast catch, endurance, any event.
8. **Thin cotton linesman's glove** for *throwing hand* in rain. It's actually better when wet!
9. **Lead tape.** For weighting booms on the fly. Check your local golf shop.
10. **Stop Watch.** USBA rules mandate this, but you want one anyway. Skip the cheap ones as they crash and burn. A nice \$20 range from a sporting goods store works.
11. **Good Sunglasses.** Do NOT go polarized for booms. Sometimes that glint off the 'rang is all you have to see it. I wear Oakley® Half Jackets with 3 interchangeable lens...G-30 for day, Persimmon (Amber) for cloud, and yellow for evening, rain.
12. **Rubber bands.** Use for adding drag, wind spoilers, slowing down the boom.
13. **Sharpie® permanent markers.** Notes on your booms, signing autographs, putting your name on new booms. Some black and some silver for marking dark booms.
14. **Velcro®** sticky back dots. The (insane) French outlawed the hook side, but you can still use the fuzzy loop side to add drag for wind.
15. **Wind direction indicator**...either mylar® kite tails, or my favorite, a Davis Windex Sport 10" windicator for sailing. Check your sailing supply or www.davisnet.com
16. **Dri-grip or gym chalk** for grip in humid or wet weather. (see golf or tennis supply)
17. **sticky back sandpaper** (220 grit) for making small grip dots on boom wingtip for throwing grip. And some 120 grit for field tuning.
18. **Notebook** for recording scores, observations, strategies, boom selections
19. **Leading Edge Boom Selection Chart.** Chart which boom works best in which wind when you practice so you don't waste time at a tourney trying to find the right stick.
20. **Plastic trash bag** tucked in your comp bag for sudden downpours. Keep two and you have an instant rain coat!

